

Judo Rules/CARE System Clinic

Topic: We will cover the new rules that were announced by the IJF for 2025 as well as the CARE system if there is enough interest.

Clinician: Jake Freedman – A level International Referee
Roger Lenfest – National Referee
Ken Durand – National Referee

Host: UNH Judo Club
Jake Freedman - Coach
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(603) 867-1028

When: Saturday, January 25, 2025
Registration: 11:00am – 11:30am
Clinic: 11:30am – 2:30pm

Where: UNH Judo Club, UNH
Hamel Rec Center, Studio 2
5 Edgewood Road, Durham, NH

Cost: \$10:00

Sanction: This is a sanctioned clinic and is open to all Judoka registered with USJF and USJA. Judoka may join either of these organizations at the clinic. There will be a short term \$10.00 membership available if desired.

DIRECTIONS:

From Route 95 N/S:

Take exit 4 (on 95 North) or 5 (on 95 South) onto Route 16 North, Spaulding Turnpike. Take exit 6W (Route 4 West) heading toward Concord. After passing the exit for Route 108, there will be a traffic light at Madbury Rd. Take a left onto Madbury Rd, then right onto Edgewood Road. On the corner of Edgewood and Main St is the Whittemore Center/Hamel Rec Center.

From Route 101:

Take exit 7 onto Route 125 and head north. Take the first right onto Route 4 East at the traffic circle in Lee. At the traffic light, take a right onto Madbury Rd, then another right onto Edgewood Road. On the corner of Edgewood and Main St. is the Whittemore Center/Hamel Rec Center.

From Route 4 East:

Go halfway around the traffic circle in Lee, staying on Route 4 east, then follow directions above for Rt. 101.

From Route 4 West:

Follow last part of directions for Route 95

There is free parking only in the rear half of lot H. The front part requires payment at the kiosk. The Elliott Alumni Lot behind the Rec Center is a fine alternative.

For more information, contact Ken Durand at 603-313-8872 or kdurand603@gmail.com

Save the date: We will be having our annual Kata Festival on Saturday May 3. Participants can demonstrate all or part of a kata in a supportive environment. Last Festival we had about 10 different demonstrations. More info to come.