

NEW HAMPSHIRE KATA FESTIVAL

- Observe some of the nine judo kata being performed
- Demonstrate a kata and get expert feedback
- Join us for lunch afterward

Date: Sunday, May 5, 2024 Register and warm-up: 10:00 to 10:30 AM Demonstrations: 10:30 to 12:30 PM Discussions: 12:30 to1:00 PM Location: University of NH Hamel Recreation Center, Studio 2 5 Edgewood Road, Durham, NH (directions on next page)

- Cost: Demonstrators, \$10.00 per person Spectators welcome
- * check www.nhjudo.org for updates

Contact Jim Miller if you want to demonstrate a kata or have any questions: Email: <u>sankawajudo@cs.com</u> Cell: 603-520-1880

DIRECTIONS:

From Route 95 N/S: Take exit 4 (on 95 North) or 5 (on 95 South) onto Route 16 North, Spaulding Turnpike. Take exit 6W (Route 4 West) heading toward Concord. After passing the exit for Route 108, there will be a traffic light at Madbury Rd. Take a left onto Madbury Rd, then right onto Edgewood Road. On the corner of Edgewood and Main St. is the Whittemore Center.

From Route 101: Take exit 7 onto Route 125 and head north. Take the first right onto Route 4 East at the traffic circle in Lee. At the traffic light, take a right onto Madbury Rd, then another right onto Edgewood Road. On the corner of Edgewood and Main St. is the Whittemore Center.

From Route 4 East: Go halfway around the traffic circle in Lee, staying on Route 4 east, then follow directions above for Rt. 101.

From Route 4 West: Follow last part of directions for Route 95

PARKING:

Free parking is available in the rear of Lot H on the corner of Edgewood Rd and Main St. Otherwise, take a right at Main St., go through the traffic light and over the bridge. Take the 1st right and proceed into Lot A.