**Coach Certification Clinic - USJA Local Level**

Topic:  We will review basic coaching topics including coaching philosophy and goals, communication, motivation, basic skill presentation, judo specific drills, risk management and safety in the dojo. There will be some basic mat sessions on teaching skills. It is suggested to bring your gi.

Clinician: Ken Durand – Certified Coach Instructor

                                        Shichidan

Host: UNH Judo Club

Jake Freedman - Coach

[jjfreedman@comcast.net](mailto:jjfreedman@comcast.net" \t "_blank)

(603) 867-1028

When: Saturday, May 4, 2019

Registration: 8:30-9:00am

Clinic: 9:00am – 2:30pm (Note: We plan to run straight through the 5 1/2 hour clinic with a short break for lunch. Participants may want to bring water, snack, and lunch.)

Where: UNH Judo Club

UNH

Hamel Rec Center,

Studio 2

5 Edgewood Road, Durham, NH

Cost: $10:00

Sanction: This is a sanctioned clinic and is open to all Judoka registered with appropriate USA Judo organizations.

**DIRECTIONS:**

From Route 95 N/S:

Take exit 4 (on 95 North) or 5 (on 95 South) onto Route 16 North, Spaulding Turnpike. Take exit 6W (Route 4 West) heading toward Concord. After passing the exit for Route 108, there will be a traffic light at Madbury Rd. Take a left onto Madbury Rd, then right onto Edgewood Road. On the corner of Edgewood and Main St is the Whittemore Center/Hamel Rec Center.

From Route 101:

Take exit 7 onto Route 125 and head north. Take the first right onto Route 4 East at the traffic circle in Lee. At the traffic light, take a right onto Madbury Rd, then another right onto Edgewood Road. On the corner of Edgewood and Main St. is the Whittemore Center/Hamel Rec Center.

From Route 4 East:

Go halfway around the traffic circle in Lee, staying on Route 4 east, then follow directions above for Rt. 101.

 From Route 4 West:

Follow last part of directions for Route 95

For more information, contact Ken Durand at 603-313-8872 or [kdurand603@g](mailto:kdurand@gis.net)[mail.com](http://mail.com/)